

FAC Recipes: Food for Thought!

Have Your Say

Artists and citizens around the world use protest and the tools of activism to share their points of view, and to articulate their place in the world. Placards, slogans, collective action, and performance have been used to articulate a range of messages, from issues of human rights to race, climate, equity and gender.

With this recipe, you can consider the ways you can take individual and collective action tackling the complex issues of our shared climate emergency,

By collecting the ingredients and following the steps, make your own mini protest sign to add your unique voice to a collective statement.

Ingredients

- Cardboard or stiff poster board: Recycled cardboard or poster board from a stationery store works well.
- Markers, crayons, or coloured pencils: These will be used for writing and drawing your message and artwork.
- Scrap paper: For planning your ideas.
- Scissors: To cut out your placard into the desired shape.
- Glue or tape: To attach a wooden stick or straw to hold the placard.

Steps

1. **Choose Your Message:** Think about the message you want to convey about climate change. It could be something like "Save Our Planet," "Climate Action Now," or "Clean Air for All."
2. **Plan Your Design:** Sketch out your design on a separate piece of paper. Consider including symbols like a globe, trees, or the sun to represent the environment.
3. **Design Your Placard:** Lay out your cardboard or poster board flat on a table. Use your markers, crayons, or coloured pencils to write your message in big, bold letters in the centre of the board. Make sure the message is clear and easy to read.
4. **Add Artwork:** Surround your message with drawings or symbols related to climate change. You can include images of melting ice caps, renewable energy sources like wind turbines or solar panels, or people working together to protect the environment.
5. **Decorate:** Use vibrant colours and creative patterns to make your placard eye-catching and attractive.
6. **Cut to Shape:** Once your design is complete, carefully cut the cardboard into the desired shape for your placard. Common shapes include rectangles, squares, or the shape of a globe.
7. **Attach the Handle:** To hold your placard, glue or tape a wooden stick or a straw to the back of your placard. Make sure it's secure.
8. **Share Your Message:** Share your mini climate change protest placard with friends, family, or classmates. Explain why it's important to you and how taking action on climate change can make a difference.



Serving Suggestions

Consider organizing a mini climate change awareness event at your school or community centre, where young people can display their placards and discuss the importance of addressing climate change.

